

**ABSTRACT**

5 A green tea based dietary supplement, nutritional beverage or dental hygiene product is revealed with enhanced flavor characteristics. Green tea sources are combined with extracts of the fruit of Lo Han and/or extracts from the leaves of *Stevia rebaudiana* and/or extracts from the leaves of Chinese Blackberry. The resulting product is a pleasant tasting dietary supplement, which is easily absorbed by the body in liquid form and provides substantially therapeutic effects.